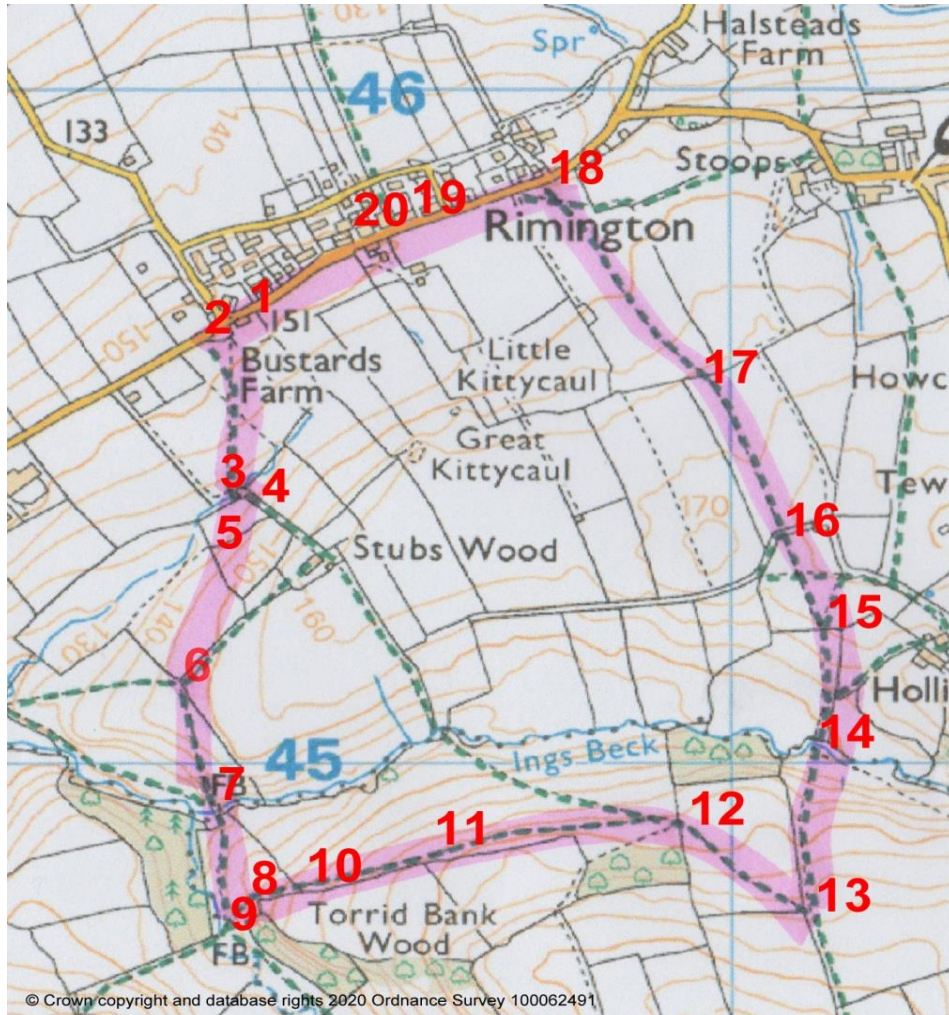


1. Ings Beck and ridge (DK walk 1) Approximately 2 miles



Start in the car parking place at the Downham end of the village, to the right of Bustards Farm **1**. Go over stile **2** into a large field.

1



2



Walk diagonally towards marker post **3** in remains of the field boundary. Then carry on to the corner of field to the kissing gate **3**. Turn left onto the concrete driveway and almost immediately to your right go over another stile **4** into a small field.

3



4



Cross the field diagonally to go over a stile **5** in the corner behind a fallen tree and then continue in the same direction up a slight slope to cross a further stile **6** in the far corner.



6



Once over the stile bear slightly to the left to go downhill and then cross the footbridge over Ings Beck **7**. It was near here that the Roman road from Ribchester to Ilkley crossed the beck. Carry on towards a wall **8** ahead with the beck on your right.



8



When very near to the wall you will almost be opposite a bridge **9** over Twiston Beck. Just before the wall turn to the **left** and walk with the wall and then fence on your right for approximately 700 metres. On the way you will soon pass the remains of a stile **10**.



10



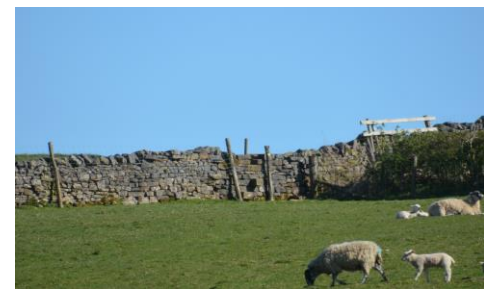
Below you will see the spoil heap **11** from a barytes mine. All along the route there are excellent views to the north and northwest. Finally a gate will be reached with a stile **12**, 20 metres to the right of it. Go over the stile into the next field.



12



Go diagonally to the right to stile **13** in the far corner of the field. Go over this stile and immediately turn left to go down the footpath to bridge **14** over Ings Beck.



14



Carry on up a slight slope to stile **15** then on to 2 redundant V stiles **16** which can be passed to the left through a gap in the fence. There are holiday cottages on your right.

15



16



Then continue on to cross stile **17** (which can be muddy in wet weather) and then drop down to Rimington Lane at stile **18**.

17



18



Turn to the left and after a short distance pass Rimington House **19** on the RHS. Picture **20** shows the Black Bull pub as it was before its conversion. A further short distance brings you to the starting point just beyond Bustards Farm.

19



20

